

CERTIFICATE OF PARTICIPATION

This is to certify that

Milton Laing

Has successfully participated & completed the
5km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 00:46:02

PACE 09:12/km
OVERALL 38 of 97

GENDER 19 of 31
50 - 59 3 of 5

23 June 2019, Sun

Date



BoutTime

Signature

